



Families play an important role in their child's development. You know your child best. The first few years of a child's life are very important, but children grow and learn at different rates. If you have any questions about how your child is developing, or if you think that your child might need extra help, WV Birth to Three can help you get the services you need.

To learn more about WV Birth to Three services in your area, please call **1-866-321-4728** or visit [www.wvdhhr.org/birth23](http://www.wvdhhr.org/birth23)

EVERY CHILD DESERVES A GOOD START



DO YOU HAVE CONCERNS ABOUT YOUR CHILD'S DEVELOPMENT?



Learn About the Early Intervention Program for Infants and Toddlers with Special Needs in West Virginia

## What is WV Birth to Three?

West Virginia Birth to Three is a system of services and supports for children ages birth to three who have a delay in their development or may be at risk for a delay. The early intervention services are offered at no cost to families and provided in the child's daily natural environment (home or community setting).

## Who is eligible?

Any child in West Virginia between the ages of birth through 35 months may be eligible if the child:

- ▶ Is not reaching age-appropriate milestones in one or more areas of development,
- ▶ Is at risk for developmental delay, or
- ▶ Is diagnosed with a condition that may result in a developmental delay.

## How can a child/family get help?

Anyone (a parent, doctor, caregiver, teacher, or friend) can make a referral by calling **1-866-321-4728**. If the child is determined eligible, an Individualized Family Service Plan (IFSP) is written based on the individual needs of the child and family within 45 days of the referral.

If your child is three years old or older, contact your local school district to see if your child is eligible for the preschool special education program.



**YOU KNOW BEST**  
No two children develop exactly alike but there are stages called developmental milestones that can guide you as a parent about your child's development. Here are some questions to help you decide if you should ask for help.

### Vision - *Does your baby...*

- \* Make eye contact (look at your eyes)?
- \* Follow movement with his/her eyes?
- \* Crawl or walk without frequently bumping into objects?
- \* Look at people & things without covering one eye?
- \* Hold objects at normal distance (after 6 months)?
- \* Have eyes that are clear, not red or watery?

### Hearing - *Does your baby...*

- \* Show awareness of home noises (phone, tv, etc)?
- \* Play with toys that make noise (rattles, bells)?
- \* Imitate sounds (after age 1)?
- \* Follow verbal directions?
- \* Speak so most people can understand (after age 2 1/2)?
- \* Listen to stories, music, or tv without difficulty?

### 3 Months - *Does your baby...*

- \* Lift his/her head/chest when lying on stomach?
- \* Kick his/her legs and move his/her arms?
- \* Suck on bottle/breast easily?
- \* Make cooing sounds?
- \* Smile back when talked to?

### 6 Months - *Does your baby...*

- \* Hold his/her head up without support?
- \* Roll over from back to front?
- \* Begin to show likes and dislikes?
- \* Push up on his/her hands and knees?
- \* Play with his/her own hands and feet?



### 12 Months - *Does your baby...*

- \* Begin to take steps?
- \* Feed self finger foods?
- \* Imitate and wave "bye-bye"?
- \* Play with toys in different ways?
- \* Bounce/dance to music?

### 18 Months - *Does your baby...*

- \* Walk/begin to run with little or no support?
- \* Push, pull & take things apart?
- \* Begin to show "temper"?
- \* Cling to caretaker in new situations?
- \* Begin to put words together?

### 2 Years - *Does your baby...*

- \* Walk, run, climb without help?
- \* Begin speaking in 2 or 3-word sentences?
- \* Resist sharing toys with others?
- \* Take off socks and shoes?
- \* Point to body parts like nose?

### 3 Years - *Does your baby...*

- \* Jump, run, throw, climb, and begin to peddle?
- \* Use a spoon and cup independently?
- \* Sort objects that match?
- \* Follow two-step directions?
- \* Use 2 or 4 word sentences?

***WV Birth to Three is here to help you help your child.***

For more parent resources, please visit the Parent Section of the WV Birth to Three website: [www.wvdhhr.org/birth23](http://www.wvdhhr.org/birth23)

**GET HELP EARLY**